

From Adam to Noah (Gen 5)

Name	Meaning	Age
Adam	Man	930
Seth	Appointed, set	912
Enosh	Mortal, human	905
Kenan	Sorrow	910
Mahahael	The Blessed God	895
Jared	Descend, come down	962
Enoch	Teach, train up	365
Methuselah	His death shall bring (judgment)	969
Lamech	Despair	777
Noah	Comfort	950