

Thank you for gathering with us today! The following questions have been prepared as invitations for you to lean into what God may be saying to you through today's songs, text, and message.



Sunday, August, 30th, 2026
Service Map

Be Thou My Vision
Christ Is Risen
Come All Who Are Weary Come
Love Of God

1. Jesus says "whoever eats my flesh and drinks my blood remains in me and I in them" we obviously can't eat Jesus' actual body. Then what does he mean by eating him? How can we let Him enter into our lives more than He currently is?
2. Jesus says that "just as the living Father sent me and I live because of the Father, so the one who feeds on me will live because of me". What does he mean by live? Is it the state of being alive? Or the way I carry out my life? Or is it something else? How is my life different because of Him? Or how could it be different?
3. Some of the disciples said it was a hard teaching and left. Can we be confident like Simon Peter that Jesus has the words of eternal life? Is there anything within us that might make us hesitate?

Scripture | Mark 7:1-8; 14-15; 21-23

Message | The Remedy for Sin
Pastor Nick Suen

If you are able to, we encourage you to share a reflection or prayer request with another person that you would like to keep you accountable for in the week to come.