



Sunday, August, 16th, 2026
Service Map

This I Believe
Take My Life
You Alone Can Rescue
The Summons

Scripture | John 6:51-58

**Message | True Food Where All Stubborn Appetites
Find Their Fill**
Pastor Jorum Mugari

Thank you for gathering with us today! The following questions have been prepared as invitations for you to lean into what God may be saying to you through today's songs, text, and message.

1. The crowd in Capernaum wanted physical bread and a political leader, but bristled when Jesus offered Himself as their ultimate need. Why do you think our human pride is so offended by the idea that we are spiritually bankrupt and cannot save ourselves?
2. When something essential is scarce, the wealthy try to buy it, the working poor labor for it, and the skeptic debates it. In what ways do you see people trying to buy, work for, or debate their way into finding purpose and security today?
3. The sermon highlighted how self-reliance leads to anxiety, burnout, workaholism, and strained relationships. In what area of your life (work, parenting, finances, achievement) are you most tempted to bow before the idol of the "self-made person"?
4. Jesus does not offer a 10-step self-improvement checklist; He offers mutual abiding ("abides in me, and I in him"). What does "feeding on Christ" through faith look like in your practical, weekly routine?

If you are able to, we encourage you to share a reflection or prayer request with another person that you would like to keep you accountable for in the week to come.